

- Pedro Garcia (Ministry Track)
- Karen Louis (Ministry Track)
- Rondey Allen, LICSW (General Track)

With your registration, you can choose the attendance option that works best for you. InsideOut will take place both online and in-person in Atlanta, GA, over Friday, October 18th, and Saturday, October 19th. We know that many of you are looking forward to the opportunity to meet face-to-face with your peers!

The InsideOut schedule will remain the same. Like in years past, Friday will be a full day of classes for mental health professionals, with opportunities to earn Continuing Education (CE) credits at all sessions. Our opening General Session, which is open to all, will also take place on Friday evening. Saturday will kick off with a morning General Session, followed by three breakout sessions each for three different tracks:

- Clinician
- Ministry
- General

We will close on Saturday evening with our final General Session. There will also be opportunities to network and participate in roundtable discussions on both dates. Those who can't make the trip still have the option to participate online and enjoy all of the same general sessions and breakouts, as well as online discussion times.

### Frequently Asked Questions

- How do I register? Visit the conference's registration page.
- Is there a price difference if I register for in-person attendance? No! Just like in years past, the ticket type is determined by the type of registration, not by how you choose to attend.
- Professional Registration? General Registration? What's the difference? How do I know which one is right for me? You can find details about each registration type, the pricing, and donation options for attendees in need on our conference registration page.
- How do I earn CE's? Which classes are eligible? We have created a page on our website with all the details of how to earn CE's, the fee, and which classes are eligible. Click here to learn more about CE opportunities at InsideOut.
- I'm not a mental health professional, but I am interested in the conference theme. Can I still attend? Yes! We welcome all who have an interest in the topics of anxiety and depression. The Ministry and General track classes will be designed specifically with non-professionals in mind. Whether you are a church member, a practicing professional, or a staff member, we invite you to join us.
- Are there any recommended hotels/airports? We recommend flying into Hartsfield Jackson Atlanta International Airport. Details about commute times, hotels, and more can be found on our FAQ page.

### LATEST STORIES ON [www.DisciplesToday.org](http://www.DisciplesToday.org):

Go to [www.DisciplesToday.org](http://www.DisciplesToday.org) to read the latest News articles and to access the archives for all channels.

> **Greater Long Beach Church Seeks Ministry Couple**  
June 24, 2024 • The GLB Church Leadership Team - Los Angeles, CA, USA

We seek to hire a full-time ministry couple to lead the thriving campus ministry at Greater Long Beach Church (GLB). This role would also have a growth opportunity to evolve into an associate minister's..

> **HOPE worldwide seeks Country Director for Papua New Guinea and IT Support Intern**

June 25, 2024 • HOPE worldwide

The Country Director has the overall responsibility for the strategic leadership and direction of the HOPE worldwide PNG Programs to achieve the organizational vision, mission and objectives. The CD...

> **San Antonio Church Seeks Campus Ministers**

June 19, 2024 • Juan Aguilar – San Antonio, TX, USA

The San Antonio church is seeking a couple or a single brother and sister who have a heart for university students, a growing walk with God, and a desire to be trained in the ministry. If you have a heart to serve, learn, grow, and work on campus this might...

> **"Stand in Awe" – A Tribute to Chris Guerra, 1956-2024**

June 18, 2024 • Disciples Today

On Saturday, June 8th, over 350 people gathered in Bethesda, Maryland to celebrate the life of Chris Guerra, a husband, father, musician, and treasured brother in our fellowship who wrote and composed "Stand in Awe," the theme song for the 1992...



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# Registration for InsideOut Conference Now Open

## UPCOMING EVENTS

**Philippine Discipleship Conference**  
Manila, Philippines  
July 19-21, 2024

**US - ICMC 2024**  
Asheville, NC, USA  
August 1-4, 2024

**Teaching Ministry Conference**  
August 15-18, 2024  
Tallinn, Estonia

**North American Singles Conference**  
Anaheim, CA, USA  
August 29-September 1, 2024

**North American Church-Building Teacher's Conference**  
Lancaster, CA, USA  
September 6-7, 2024

**DT Hawaii Cruise**  
September 21-28, 2024

**Americas Workshops for Spanish Speakers**  
Online • October 5, 2024

**Pure & Simple XV**  
Saddle Brook, NJ, USA  
November 8-10, 2024

June 17, 2024 • Kathy Rosario, St. Louis, MO, USA

The sixth annual Christian Counseling Conference will take place on October 18-19th, 2024 in Atlanta, Georgia. Once again, we will have both in-person and online attendance options! All are welcome to join us.

This year's theme is "Back to Basics: Clinical and Spiritual Strategies for Anxiety and Depression." Post-pandemic, anxiety and depression remain common mental health issues in the United States, especially among young adults under age 30. While these experiences can feel isolating, those who suffer can find comfort in knowing that they are not alone and that there are several tools to help them get through this. This year, we are going "back to basics," and discussing the many clinical and spiritual solutions that are available. Like the building of a house, a strong framework for managing depression and anxiety may not be something that can be visibly seen but can make all the difference in creating a beautiful life.

### Meet our speakers

We've assembled a fantastic group of speakers for this year's Christian Counseling Conference! You can view their bios now on our conference website.



- Dr. John Louis (Keynote, Clinician Track)
- LaShell Pope, LMFT (Keynote)
- Jennifer Konzen (Keynote Panel, Clinician Track)
- Dr. Sean St. Jean (Keynote Panel, Clinician Track)
- Jennifer Lopez, LPCC (Keynote Panel, Ministry Track)
- Sajjan Sharma, MSW (Keynote Panel, General Track)
- Dr. Kareema Gray (Clinician Track)
- Dr. Tracy Jones (Clinician Track)
- Dr. Ajab Amin (Clinician Track)
- Dr. Gregg Marutzky (Ministry Track)

## CONNECTING DISCIPLES IN CHURCHES AROUND THE WORLD



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